



## **GOLYTELY, NULYTELY PREP**

**YOU MUST BE ON A CLEAR LIQUID DIET THE ENTIRE DAY BEFORE YOUR PROCEDURE.**

*PICK UP THE PRESCRIPTION FOR GoLYTELY OR NuLYTELY AT YOUR PHARMACY*

- The day before the procedure, you may have only clear liquids
- Mix the laxative preparation as directed on the label and place in the refrigerator for a few hours to chill before drinking.

***IF YOUR PROCEDURE IS SCHEDULED BEFORE 9 AM FOLLOW THESE INSTRUCTIONS:***

- Beginning at 2:00-3:00 PM begin drinking the laxative preparation (GoLyteley or NuLyteley). Drink an 8-ounce glass every 10-15 minutes until the entire bottle is consumed. You should complete drinking the laxative preparation by 8:00 PM. It is not important how long it takes for you to drink the laxative prep, but it is important that you finish all of it. You may start as early as noon if you feel that you may need the additional time to consume the 4 Liters. You may alternate with other clear liquids and take breaks. Drink the preparation through a straw, this may make it easier to consume. You may add the flavor packet provided with the medication. Alternatively, you can add flavoring like crystal light.

***IF YOUR PROCEDURE IS SCHEDULED AFTER 9 AM FOLLOW THESE INSTRUCTIONS:***

- You will split the 4 Liters into two doses approximately 2 Liters each. Beginning at 5:00-6:00 PM begin drinking the laxative preparation (GoLyteley or NuLyteley) as directed above. You may start as early as noon if you feel that you may need the additional time to consume the 2 Liters. You will drink the second half in the morning beginning approximately 5 hours prior to your procedure. Allow yourself enough time to complete the second dose at least three hours prior to your procedure time.
- If you experience vomiting, stop drinking the preparation for 20-30 minutes then restart and finish the remainder of the preparation.

**Wellstar Colon and Rectal Surgery**  
800 Canton Rd, Marietta GA 30060  
2500 Hospital Blvd. suite 320, Roswell GA 30076  
4441 Atlanta Rd. suite 312, Smyrna GA 30080  
3747 Roswell Rd. suite 314, Marietta GA 30062  
4900 Ivey rd. suite 1826, Acworth GA 30101



- On the day of the procedure, do not take anything by mouth for three hours prior to your procedure time. Take only those medications as discussed previously (heart or blood pressure or seizure medications) with a sip of water.

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