



SUTAB

**NOTE: THE BOX MAY SAY THAT YOU CAN HAVE A LIGHT BREAKFAST, DO NOT DO THAT! PLEASE ADHERE TO A STRICT CLEAR LIQUID DIET THE ENTIRE DAY PRIOR TO PROCEDURE.
NO SOLID FOOD UNTIL AFTER THE PROCEDURE!**

The day before your procedure:

- Begin a clear liquid diet.
- At 4:00 P.M. open 1 bottle of 12 tablets. Fill the provided container with 16oz of water (up to the fill line). Drink 8oz of water before taking any tablets. After 8oz of water is consumed, swallow one tablet with a sip of water waiting 1-2 minutes between each pill and drink the entire amount of water over 20 minutes.
- Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16oz of water (up to the fill line), and drink the entire amount over 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 oz of water (up to the fill line), and drink the entire amount over 30 minutes.
- Continue **CLEAR LIQUID DIET** until midnight.

After Midnight on the morning of your procedure:

- **NOTHING** to eat or drink other than the prep and required water.
- **5 HOURS BEFORE YOUR PROCEDURE ARRIVAL TIME** open second bottle of 12 tablets. Fill the provided container with 16oz of water (up to the fill line). Drink 8oz of water before taking any tablets. After 8 oz of water is consumed, swallow one tablet with a sip of water waiting 1-2 minutes between each pill and drink the entire amount of water over 20 minutes.
- Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 oz of water (up to the fill line), and drink the entire amount over 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 oz of water (up to the fill line), and drink the entire amount over 30 minutes. You must complete all SUTAB tablets and required water at least 3 hours before procedure.

Wellstar Colon and Rectal Surgery
800 Canton Rd, Marietta GA 30060
2500 Hospital Blvd. suite 320, Roswell GA 30076
4441 Atlanta Rd. suite 312, Smyrna GA 30080
3747 Roswell Rd. suite 314, Marietta GA 30062
4900 Ivey rd. suite 1826, Acworth GA 30101



- If you normally take medication for blood pressure, reflux (heartburn), seizures, pain, anxiety or breathing problems in the morning, take these with a sip of water just before leaving the house.

**PLEASE NOTE: IF YOUR PROCEDURE IS BEFORE 10:00 AM YOU MAY SPLIT THE DOSES AS FOLLOWS:
DOSE ONE AT 4:00 PM THE DAY PRIOR
DOSE TWO AT 9:00 PM LATER SAME DAY
REMEMBER CLEAR LIQUID DIET THE ENTIRE DAY, NO SOLID FOOD UNTIL AFTER YOUR PROCEDURE.**

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