

Medications to AVOID (for at least 5 days) prior to allergy skin test

Non-prescription/over the counter medications containing antihistamines:

Actifed	Doxylamine succinate	Tavist (clemastine)
Allegra (fexofenadine)	Dristan Allergy & Cold	Tylenol Allergy Sinus
Benadryll (diphenhydramine)	Drixoral	Tylenol Nighttime
Brompheniramine	Extendryl	Vicks NyQuil
Chlorpheniramine	PediaCare	Zyrtec (cetirizine)
Claritin (loratidine)	Robitussin Nighttime	
Dimetapp	Sudafed Plus	

Prescription medications containing antihistamines:

Atarax/Vistaril (hydroxyzine)	Cyproheptadine	Tussionex
Clarinox	Phenergan	Xyzal (levoceterizine)

Antacids:

Pepcid (famotidine)	Tagamet (cimetidine)	Zantac (ranitidine)
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Antidepressants:

Adapin/Sinequan (doxepin)	Desipramine	Nortriptyline
Amitriptyline	Imipramine	Seroquel (quetiapine)

Nasal Sprays (avoid for 2 days):

Astelin/Astepro	Dymista	Patanase
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Steroids: Let your allergist know if you are taking any oral or using any topical steroids. (inhaled steroids do not affect allergy testing)